

Genetic Counseling

Wait a few days for your doctor to receive your mammogram report, which will contain the recommendation for genetic counseling. Then give him/her a call to determine where you should go for your counseling. You may be able to see someone in your own doctor's office, or he/she may suggest that you see an outside specialist such as one of those listed below.

Breast Specialists in Waterbury (may also refer for counseling)

Dr. Elizabeth Riordan
134 Grandview Ave., Suite 105
Waterbury, CT 06708
32-C Poverty Road
Southbury, CT 06488
203-405-7165

Dr. Beth Sieling
33 Bullet Hill Road, Suite 214
Southbury, CT 06488
203-267-1563

Dr. Scott Kurtzman
1625 Straits Turnpike, Suite 200
Middlebury, CT 06762
203-568-2929

Dr. Ellen Polokoff
Yvonne Ruddy-Stein, APRN, APNG
900 Main Street South, Suite 101
Southbury, CT 06488
203-262-2300

Dr. Nicole Sookhan
3801 East Main Street
Waterbury, CT 06706
203-709-4001

Waterbury Health High Risk Breast Cancer Center
134 Grandview Avenue, Suite 105
Waterbury, CT 06708 203-405-7165
www.alliancemedicalgroup.com

Hartford Hospital, Helen and Harry Gray Cancer Center
80 Seymour St. Hartford, CT 06102-5037
Phone: 860-545-6000
<http://www.harthosp.org/cancer/default.aspx>

The Hospital of Central Connecticut, K. A. King Rudolph Hereditary Cancer Genetics Program
100 Grand St. E121, New Britain, CT 06050
Phone: 860-972-6000
<http://thocc.org/services/cancer-care/departments-services/genetic-counseling>

Midstate Medical Center
435 Lewis Ave., Meriden, CT 06451
Phone: 203-694-8463
<http://midstatemedical.org/services/cancer-care/departments-services/breast-care-services/breast-cancer-risk-assessment>

Saint Francis/Mount Sinai Regional Cancer Center, Karvoski Genetics Program
114 Woodland St., Hartford, CT 06105-1299
Phone: 860-714-4679
<https://stfrancisheartcenter.chsli.org/sfh-patients-depts-and-services-cancer-care-cancer-genetics>

Division of Medical Genetics, UConn Health
263 Farmington Ave., Farmington, CT 06030-2812
Phone: 860-679-1440
<https://health.uconn.edu/medical-genetics/hereditary-cancer-program/hereditary-cancer-program/>

Smilow Cancer Genetics and Prevention Program, Yale Cancer Center
55 Church St., Suite 402, New Haven, CT 06510
Phone: 203-200-4362
<http://www.ynhh.org/smilow/services/support-services/cancer-genetic-counseling.aspx>